

Lesson 1 Differences: Male & Female

Learning Intention

To explore the differences between males and females and to name the body parts

Learning Outcomes

Know some differences and similarities between males and females

Name male and female body parts using agreed words

Resources

[Clothed Babies picture cards](#)

[Pictures of male and female bodies](#)

[Male and female matching cards](#)

Activities

1. Ground Rules

In a circle, talk with the children about the ground rules for these sessions, ensure they include the following: treat each other with respect; no put downs; no personal comments or questions.

2. Introduction

Refer to the learning outcomes for this lesson. Explain that in this lesson they are going to learn about some of the physical differences between male and female humans. Reinforce that a girl/woman is female and a boy/man is male. Ask for a quick thumbs up if you are a male, thumbs up if you are a female.

3. Male and female babies

In groups, give each group one of the [Clothed Babies picture cards](#). Ask them to discuss whether they can tell from looking at this picture whether the baby is male or female? Can they explain how they know this? Display the baby pictures on the whiteboard and ask pairs to feedback their responses. Prompt them by asking how a midwife or doctor might tell the sex of a baby when it is first born. If appropriate, remind them of any work they may have done in Year 2 about differences and body parts. Establish that you cannot always tell the sex of a baby by looking at it with its clothes on. Ensure the class understands that it is the private parts of a baby which confirm whether it is male or female. Explain the meaning of the word private. Accept any words the children use for the private parts and ask if they know the science words. Explain that you will be using agreed science words in these lessons.

4. Male and Female Body Parts

Explain to the class that they are now going to see some pictures of babies and drawings of children without their clothes on. Ask why they think it will be easier to tell if they are female or male. Discuss how the children can manage their feelings while looking at the pictures; explore the reasons why some children might feel embarrassed or uncomfortable. Assure the children that our bodies do amazing things and they are something we can be proud of.

Using the [Pictures of male and female bodies](#) show the two pictures of newborn babies and ask the children to tell you which one is the male and which one is the female. Next show the drawing of male and female children and ask the class to name all the body parts they can see; which body parts are the same for males and females? Remind them that the difference is the private parts. Use the final picture to clarify that the vagina is inside the body and leads up to the womb, which is the part of the body where a baby can grow. Ensure the pupils understand the words penis, testicles, vagina and womb.

Lesson 1 - continued

Page 2

Differences: Male & Female

Ask the children to consider why males and females have different private parts. Remind the class of the learning from Year 2 that a male and a female are needed in order to make a new life. Explain that males and females need their different private parts so that when they become adults they will be able to make a baby if they want to.

5. Male and Female Matching Card Game

In small, single sex groups, give each group a set of [Male and female matching cards](#). Explain that the cards illustrate some of the differences and similarities between females and males. Ask the groups to sequence the numbered sentence cards in the correct order and then match them to the correct picture. As a whole group discuss and sequence the pictures using the Male and female matching cards on the whiteboard; correct any misunderstandings.

6. Keeping Safe

In a circle, ask the class why they think that the male and female body parts are sometimes called private parts. Include the following questions: what does the word private mean? Should other children ask to see or touch a person's private parts? Should an adult ask to see or touch a child's private parts? Are there other body parts that might be considered private or that other people should not touch? Explain that we will be looking at touches we like and dislike in the next lesson.

7. Review Learning

Refer back to the learning outcomes and assess learning using a quick thumbs up exercise asking whether certain body parts are male or female.

Additional Activities

Story about Body Image

Read one of the following stories to reinforce the idea of positive body image:

Cinderella's Bum, Nicholas Allan

Shapesville, Andy Mills

Body Parts Venn Diagram

Use the Body Parts Activity in [Year 2 Lesson 3](#) to create a Venn diagram for sorting male and female body parts.

Let's Grow with Nisha and Joe, fpa

This comic explores growing up and has activities for the children to complete. It is designed for children to read with their parents/carers and can also be used in school. www.fpa.org.uk/Shop