

Scheme of Work

Word Box: Puberty, lifecycle, reproduction, physical, breasts, sperm, egg, pubic hair, emotional, feelings

PSHE Programme of Study Core Theme 1: Health and Wellbeing • how their body will, and emotions may, change as they approach and move through puberty • to recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them • about human reproduction Science Attainment Targets • describe the changes as humans develop to old age	Learning Intentions and Learning Outcomes Learning Intention To explore the human lifecycle Learning Outcomes Describe the main stages of the human lifecycle Describe the body changes that happen when a child grows up	Lesson Title Lesson 1 Growing and Changing	Resources Lifecycle pictures Lifecycle word cards What has changed? worksheet Lifecycle Quiz slides Lifecycle Quiz answers Additional Activities Babies and Children worksheet
	Learning Intention To identify some basic facts about puberty Learning Outcomes Discuss male and female body parts using agreed words Know some of the changes which happen to the body during puberty	Lesson 2 What is Puberty?	Body Part Bingo cards Bingo Flash cards Body Changes pictures Our Bodies worksheet
	Learning Intention To explore how puberty is linked to reproduction Learning Outcomes Know about the physical and emotional changes that happen in puberty Understand that children change into adults so that they are able to reproduce	Lesson 3 Puberty Changes and Reproduction	Story bag items (see lesson plan) Book: <i>Hair in Funny Places</i>, Babette Cole Body Changes worksheet Additional Activities Suggested reading: <i>Where Willy Went</i>, Nicholas Allan <i>Amazing You!</i> Gail Saltz http://www.bbc.co.uk/science/humanbody/body_interactives/lifecycle/teenagers/