

# HARVEST APPEAL

## HELP LOCAL PEOPLE FACING HARDSHIP

for Mid-Cheshire Foodbank

By donating this Harvest, you can support local people facing hardship.

You can donate:

- at your local school/church's harvest collection
- at a local collection point, such as supermarkets
- you can donate money using our online giving platform
- more information is on our website [www.midcheshire.foodbank.org.uk](http://www.midcheshire.foodbank.org.uk)

## TOP ITEMS

### NEEDED THIS HARVEST

Tinned Meat  
UHT Milk  
Coffee  
Cordial  
Soup  
Pasta Sauce  
Rice  
Desserts

